



# March 2020

# Lunch

Menu 9-12



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
Whole Grain Chicken Nuggets With Whole Grain Bun  Corn	Hamburger on Whole Wheat Bun  Baked Fries	Turkey Hot Dogs on Whole Wheat Bun  Vegetarian Beans	Saucy Beef Meatballs on Whole Grain Bun  Carrots	Cheese Pizza  Dark Leafy Green Salad
9	10	11	12	13
Hamburger on Whole Wheat Bun  Baked Fries  * Green Beans	Deli Turkey Sandwich On Whole Wheat Bun  Carrot Sticks with Ranch	Cheese Lasagna Roll Ups  Broccoli	Honey BBQ Beef Ribs  Whole Wheat Bun Sweet Potato Fries	Cheese Pizza  Dark Leafy Green Salad
16	17	18	19	20
Chicken Burger on Whole Wheat Bun  Corn  *Green Beans	Beef Patties  Sweet Potato Fries	Whole Grain Chicken Nuggets With Whole Grain Bun  Corn	Beef Taco Served with Tostitos Crispy Rounds and toppings  Black Beans	Cheese Pizza  Dark Leafy Green Salad
23	24	25	26	27
Cheeseburgers on Whole Wheat Bun  Baked Fries  * Green Beans	Breaded Chicken Drumsticks Whole Wheat Dinner Roll  Black Beans	Deli Turkey Ham Sandwich On Whole Wheat Bun  Carrot Sticks with Ranch  * Creamy Coleslaw	Honey BBQ Beef Ribs  Whole Wheat Bun Sweet Potato Fries	Cheese Pizza  Dark Leafy Green Salad
30	31			
Chicken Burger on Whole Wheat Bun  Corn  *Green Beans	Chicken Fajita Served on Whole Wheat Tortilla  Black Beans			



**DON'T FORGET!**

**ALWAYS**

Select  
1/2 Cup of  
Fruit OR  
Vegetable  
Serving

\* Alternate Vegetable

**Alternatives  
Offered Daily**

**Sandwich of the Day  
or  
Salad of the Day**

**Yogurt Parfaits**

**1% Low Fat Milk**

**Fate Free Chocolate  
Milk**

**CONDIMENTS AVAILABLE**

**Mayonnaise**

**Ketchup**

**Mustard**

**BBQ Sauce**

**Assorted Dressings**



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**Food Service Department**

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**MENU SUBJECT TO CHANGE**